

# Weight Loss Smoothie Recipe Book - The Ultimate Smoothie Cookbook: Green Smoothies, Blender Smoothies, Herbal Smoothies, & More

Michelle Bakeman



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Make delicious, weight loss smoothies in minutes with these easy to follow recipes. This is The Ultimate Smoothie Cookbook - Inside you will find a variety of delightful, smoothies to help shed pounds and achieve wellness. Included in this book:

- Green Smoothies
- Blender Smoothies
- Herbal Smoothies
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