

Take Your Shirt Off and Cry: A Memoir of Near-Fame Experiences

Nancy Balbirer



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One woman's laugh-out-loud account of the oddities, indignities, and outright absurdities of a life in show business.

In this strikingly candid memoir, Nancy Balbirer distills two decades of drama school, auditions, bit parts, cameos, and off-Broadway plays into an account by turns hilarious and horrifying. From studying theater in college under the searing purism of David Mamet ("Being a woman in [show] business, you'll be asked to do only two things in every fucking role you ever play: take your shirt off and cry. That's it. Take your shirt off and cry.") to weathering advice from her brazenly insensitive L.A. agent ("I didn't think it was possible. But you managed to bore Luke Perry") to scoring a Saturday Night Live audition based on a drunken Debra Winger impersonation, Balbirer's adventures are sometimes bizarre, sometimes painful, and always unforgettable.

Between run-ins with an eccentric cast of all-too-real characters, including an infatuated acting teacher who introduces Nancy to the joys of firearms, a former sex symbol desperately seeking a toilet, and a jazz musician who fancies himself a reincarnated Jack Kerouac, Balbirer wrestles with her own ambitions and disappointments, struggling to determine what she really wants and who she really is. She may not be destined for Hollywood stardom, but as *Take Your Shirt Off and Cry* makes clear, she is definitely a one-of-a-kind talent.

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Sybil Moore:

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John Richardson:

A lot of people always spent their very own free time to vacation as well as go to the outside with them family members or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or even playing video games all day long. If you need to try to find a new activity that is look different you can read some sort of book. It is really fun for you. If you enjoy the book which you read you can spent all day every day to reading a e-book. The book Take Your Shirt Off and Cry: A Memoir of Near-Fame Experiences it is extremely good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. In case you did not have enough space to create this book you can buy often the e-book. You can m0ore easily to read this book from your smart phone. The price is not to cover but this book provides high quality.

Joyce McDonald:

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