



# Talk to Me First: Everything You Need to Know to Become Your Kids' "Go-To" Person about Sex

*Deborah Roffman*

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## **Talk to Me First: Everything You Need to Know to Become Your Kids' "Go-To" Person about Sex**

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We live in a time when kids of all ages are bombarded with age-sensitive material wherever they turn; "sexting" and bullying are on the rise at an increasingly younger age, and teen moms are "celebrified." What is a concerned--and embarrassed--parent to do? With wit, wisdom, and savvy, Deborah Roffman translates her experiences gleaned from decades of teaching kids and parents, and as a mom, into strategies to help parents navigate this tricky terrain. *Talk to Me First* is for any parent who wants to become and remain the most credible and influential resource about sexuality in their children's lives.

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