

Your Many Faces

Virginia M. Satir

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People have many faces - their face of power, fear, love, competence, anger, intelligence and joy. Often we judge our faces to be either good or bad, right or wrong, while failing to recognize the potential of each of them to make us fuller, more balanced human beings. In her own unique style, Virginia Satir demonstrates that the key to opening the door to new possibilities in your life rests first in recognizing and accepting that you need all YOUR MANY FACES - and then learning to manage them for your good.



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