



# **Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e**

*Gill Solberg*

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This title is an evidence based book that connects the theoretical and practical aspects of human movement and posture and provides basic information for therapists working with people with postural disorders. Practical material is approached area by area so that therapists can easily access the information they require. The anatomy and kinesiology of the locomotor/musculoskeletal system is covered and common pathologies and postural disorders reviewed.

- Accessible writing style supported by large number of illustrations (line and photograph)
- Connects theoretical and practical aspects of human movement and posture
- Comprehensive
- Links anatomy, kinaesiology and posture
- Evidence-based

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