



Divorced Men Have Feelings Too

Paul T. Smith

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Divorced Men Have Feelings Too is a proverbial kick in the pants for divorced men who wonder what went wrong with their marriages. In his straightforward and frank style, Smith admonishes readers to reflect on their mistakes--and then get on with their lives. He's like the big brother you used to sit up all night with, chewing the fat over life, women and relationships. "Don't kid yourself, one divorce is enough, more than enough!" he says.

"Unhappiness in a marriage is caused by the baggage brought in by one or by both, often without them even knowing it. But whether your marriage failed due to lack of communication, infidelity, loss of respect, incompatibility, whatever, take action now to change--or don't consider getting married again."

In this guide, which includes exercises, worksheets and illustrations, Smith is as empathetic as he is outspoken in giving advice. "Don't let the emotions that follow a divorce drag you down--deal with them realistically," he tells readers. Instead of joining self-pity groups, turning to alcohol, filling voids with excessive friends, or what he calls "letting your brains go into your pants," he suggests healthier solutions. After his own divorce, Smith turned to writing short stories, an emotional release that worked so well for him, he included some of the stories in the book. The "Massage" stories are examples of what good intimate relationships can be like--and how they can fail, he adds. "Learn from these parables. It's a lot easier than repeating your mistakes."

Smith gives ample consideration to the "women who fall in love with divorced men," including a section with twenty questions women should ask themselves before getting involved. Happily married couples also will find his words apply to their situations. "Profit by the mistakes of others and ensure that you never fall into the 50-plus percent of people who are divorced."

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Often the book Divorced Men Have Feelings Too has a lot details on it. So when you make sure to read this book you can get a lot of gain. The book was published by the very famous author. This articles author makes some research just before write this book. This kind of book very easy to read you can obtain the point easily after reading this book.

James Mendoza:

Reading can called mind hangout, why? Because when you find yourself reading a book particularly book entitled Divorced Men Have Feelings Too your thoughts will drift away trough every dimension, wandering in most aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging each and every word written in a reserve then become one contact form conclusion and explanation that maybe you never get just before. The Divorced Men Have Feelings Too giving you yet another experience more than blown away your mind but also giving you useful info for your better life in this era. So now let us explain to you the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading it, like winning a game. Do you want to try this extraordinary spending spare time activity?

Betty McClanahan:

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