



Breaking The Bonds Of Adult Child Abuse: A Biblical Textbook On Abusive Narcissistic Families, How They Operate, And How To Deal With Them

Sister Renee Pittelli

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FIRST PLACE READER VIEWS LITERARY AWARDS

WINNER READER VIEWS REVIEWER'S CHOICE AWARD

Child Abuse That Did Not End When Adulthood Began. The Continuing Victimization Of Grown Children By Their Abusive Or Controlling Parents, Siblings, Or Family Members.

ADULT CHILD ABUSE

*The Only Form of Abuse still tolerated, accepted and condoned in our society.

*The Only Form Of Abuse in which it is considered okay for a competent adult to be controlled, exploited, or damaged by someone else.

*The Only Form of Abuse in which the victim is expected to continue suffering indefinitely, criticized for trying to protect herself, judged for escaping from her abuser, and openly discouraged from standing up for herself, talking about it, or revealing the abuse to others.

Where do folks get the idea that Christians have to be meek and mild, silently enduring mistreatment, tolerating anything anybody else does, and timidly standing by while abusers trample all over them and other innocent victims? Since when is it a sin to take a stand and speak out against evil? This is what our abusers want us to believe, and it is nothing but misconceptions and lies.

Do you know that God wants us to confront people who do evil? That he tells us to have nothing further to do with those who will not listen to rebuke? That there is no biblical requirement to forgive the unrepentant? In this book, you will learn about family abusers and their Silent Partners, why they abuse us and why we let them, setting and enforcing limits, godly confrontation, The Law of Sowing and Reaping and letting abusers suffer the Natural Consequences of their own behavior, how to tell if a comment is really a criticism, family jealousy and how to detect if a relative is jealous of you, recognizing and cutting ties with reprobates, improving your family holidays, how to forgive and what forgiveness really means, and what Jesus would REALLY do. Filled with helpful dialogue, this book offers many valuable lessons, including:

*107 Examples of abusive behavior and betrayal

*6 Major No-Nos for mature, independent adults

*26 Reasons why they abuse us, and 55 questions to help us understand why we allow it

*27 Ways to respond to a critic

*35 Empowering Statements for declaring your boundaries and enforcing consequences

*10 Simple Steps for learning to say no and 8 responses for those who aren't happy about it

*40 Off-Limits Subjects

*38 Signs of a meaningless apology and 17 signs of a meaningful one

*The 21 Rules of No Contact

*102 Questions to ask yourself when you're trying to decide if you should end a toxic relationship

*5 Strategies for more pleasant holidays with your relatives

*The 7 Biblical Duties of a proper parent

*11 Steps for getting over a lost relationship

Written with empathy, wisdom and understanding, and loaded with scriptural references, this book is an eye-opener that will help you claim your freedom and change your life.

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Jose York:

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Jackie Caldwell:

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Scott Marin:

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Patrice Lach:

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