

### Dizziness - Vertigo treated with Homeopathy, Schuessler salts (homeopathic cell salts) and Acupressure: A homeopathic, naturopathic and biochemical guide

Robert Kopf

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Dizziness is a term that is used to describe feeling faint, lightheaded or weak. Vertigo is a feeling that you or your surroundings are moving when there is no actual movement. You have the feeling as though you are off balance, spinning, whirling, falling, or tilting. Dizziness and vertigo can cause double vision, slurred speech, nausea, vomiting and balance problems. The symptoms results from a change in the activity of the balance structures in the inner ear or in the balance structures connections into the brain.

Causes of dizziness and vertigo are conditions which disrupt or confuse the signals the brain receives from the sensory systems, inflammation in the inner ear, age, ear infections, Meniere's disease, vascular toxins, acoustic neuroma, medications, stroke, anemia, low blood sugar, overheating, dehydration, a chronic infection, too high or too low blood pressure, hormonal imbalance, circulatory disorders, weather changes, environmental toxins, allergies, disorders of the digestive organs, a sinusitis, metabolic diseases, an acidification of the body, stress, anxiety, an abnormal heart rhythm, depression and other mental problems.

In this naturopathic adviser, I will give you recommendations how to treat dizziness and vertigo with homeopathy, Schuessler salts (also named cell salts, tissue salts, biochemistry), herbal tinctures and acupressure. I will present you the most proven homeopathic remedies and Schuessler salts, including the appropriate potency and dosage. Homeopathy works holistically and treats the whole body, spirit and soul.

Acupressure comes from the Far East. During the acupressure treatment special points are pressed, massaged or rapped. As long as the energy is distributed evenly throughout the energy channels (meridians) of the body, the person is healthy. When the energy flow is disrupted, the person is sick. By treating certain points, the energy between the meridians will be balanced and the patient gets enough power to become healthy.

I wish you much success in your treatment of dizziness and vertigo, joy of life and especially your health. You will find more information about health in my other ebooks.

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