



How to Save a Life

Sara Zarr

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Jill MacSweeny just wishes everything could go back to normal. But ever since her dad died, she's been isolating herself from her boyfriend, her best friends -- everyone who wants to support her. When her mom decides to adopt a baby, it feels like she's somehow trying to replace a lost family member with a new one.

Mandy Kalinowski understands what it's like to grow up unwanted -- to be raised by a mother who never intended to have a child. So when Mandy becomes pregnant, one thing she's sure of is that she wants a better life for her baby. It's harder to be sure of herself. Will she ever find someone to care for her, too?

As their worlds change around them, Jill and Mandy must learn to both let go and hold on, and that nothing is as easy -- or as difficult -- as it seems.

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