



Eight Simple Concepts to Improve Your Team's Zone Attack Offense (Building a Winning Basketball Program Series Book 5)

Kevin Sivils

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Attacking a zone defense is something coaches, new and experienced alike struggle with. The simple zone concepts included in this short book are applicable to any type of zone defense, regardless of the type of zone offense being used.

Several easy to use zone offense drills are included as bonus material. Use these drills to teach the concepts included in the book.

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