



# **Baby Bust: New Choices for Men and Women in Work and Family**

*Stewart D. Friedman*

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# Baby Bust: New Choices for Men and Women in Work and Family

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**Baby Bust: New Choices for Men and Women in Work and Family** Stewart D. Friedman  
*Lean in. Opt out. Have it all. None of the above.*

**A new book based on a groundbreaking cross-generational study reveals both greater freedom and new constraints for men and women in their work and family lives.**

Stew Friedman, founding director of The Wharton School's Work/Life Integration Project, studied two generations of Wharton college students as they graduated: Gen Xers in 1992 and Millennials in 2012. The cross-generational study produced a stark discovery – the rate of graduates who plan to have children has dropped by nearly half over the past 20 years. At the same time, men and women are now more aligned in their attitudes about dual-career relationships, and they are opting out of parenthood in equal proportions. But their reasons for doing so are quite different.

In his new book, *Baby Bust: New Choices for Men and Women in Work and Family*, Friedman draws on this unique research to explain why so many young people are not planning to become parents. He reveals good news, that there is a greater freedom of choice now, and bad, that new constraints are limiting people's options. In light of these present realities, he offers ideas for what we can do as a society, in our organizations, and for ourselves to make it easier for men and women to choose the lives they want.

In this book, Friedman addresses:

- + How views about work and family have changed in the past 20 years
- + Why men and women have different reasons for opting out of parenthood
- + How family has been redefined
- + Why we are all now part of a revolution in work and family
- + What choices we face in our social and educational policy
- + How organizations and individuals – especially men – can spur cultural change

In the debates on work and family, people of all generations are calling for a reasoned, thoughtful, research-driven contribution to the discussion. In *Baby Bust*, Friedman offers just that: an astute assessment of how far we have come and where we need to go from here.

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#### **Dan Williams:**

Spent a free time for you to be fun activity to complete! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, planning to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Will you something different to fill your current free time/ holiday? Might be reading a book is usually option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to consider look for book, may be the publication untitled Baby Bust: New Choices for Men and Women in Work and Family can be excellent book to read. May be it could be best activity to you.

#### **Loretta Faria:**

A lot of people always spent their own free time to vacation or even go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. If you would like try to find a new activity that is look different you can read any book. It is really fun for yourself. If you enjoy the book which you read you can spent the whole day to reading a reserve. The book Baby Bust: New Choices for Men and Women in Work and Family it is rather good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. If you did not have enough space to create this book you can buy the e-book. You can m0ore quickly to read this book out of your smart phone. The price is not too expensive but this book provides high quality.

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#### **Lesley Dwyer:**

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