



Take the Limits Off, Series 1: 9 Ways to Stop Talking and Start Doing

Joyce Dungee Proctor

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This book is a quick read that will inspire, motivate and enlighten you! Practical and engaging with truth on every page, Joyce Dungee Proctor has given us a simple, elegant way to "Stop Talking and Start Doing!" Utilizing her decades of experience as a leader in career and job coaching, business management and training, and as an executive coach and inspirational speaker, the author shares with us her process to empowerment. Incorporating ALL she has learned with the personal stories she has accumulated along the way, we are provided with a profound and common sense approach to business and life. We are also provided with a workbook-type format that allows us to immediately begin to USE what we learn. Setting goals and creating realistic steps to achieve them, surrounding yourself with your "Dream Team" and operating based on a "Circle of Trust" are part of the NINE WAYS to start moving in the direction of your hopes and dreams. These are part of the toolbox the author offers to help TRANSFORM your life. Without a doubt, this book - the first in a series - is a MUST HAVE for your bookshelf. If you are stuck or seeking a new way to begin, you really owe it to your Self to stop talking and start doing. Happy reading!

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