



# How To Be Happy Single: How to be a happy single woman

*Jodie Summerfield*

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## **How To Be Happy Single: How to be a happy single woman** Jodie Summerfield

How To Be Happy Single is aimed at single woman who are struggling to find contentment and joy in their current state. The book is written from the personal perspective of a single woman and provides some simple and easily applicable strategies. If you follow these strategies you will find yourself approaching life in a happier and more joyful way. More and more people are finding themselves single in today's society and this book is to help you know that you are not alone in being alone. How To Be Happy Single offers you a route to a joyful and more abundant life as a single woman.

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