



Thrive: The Highly Sensitive Person and Career

Tracy Cooper PhD

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Are you a highly sensitive person who has always felt frustrated in finding a career that works for you? In this groundbreaking book researcher and fellow HSP, Dr. Tracy Cooper, presents important new research findings that can empower you to better understand how HSPs experience the modern workplace, discover emerging new opportunities, and connect with powerful narratives from HSPs representing a wide variety of real-world viewpoints.

This book is for the highly sensitive person who wishes to move beyond survival to thriving! Based on and extending the research of Dr. Elaine Aron this is a must read for all HSPs!

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