



Irish Traditional Food

Theodora FitzGibbon

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Theodora FitzGibbon

Irish Traditional Food Theodora FitzGibbon

A unique collection of Irish recipes from the 16th to the 20th century. The range of recipes includes the preparation of soups, fish, poultry, game, meat, vegetables, bread, biscuits and beverages. The book also includes entertaining information on the origins of the recipes.

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