



If There's Nothing Wrong With Me, Then Why Do I Feel So Bad: The Neurologic Basis of Fibromyalgia, Chronic Fatigue Syndrome and Related Disorders

Martin Duclos

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Much of the current literature describes fibromyalgia, chronic fatigue, and other related syndromes in terms of anecdotes and sales pitches without benefit of medical fact. Dr. Duclos is a practicing internal medicine physician who treats patients with these conditions every day and has found striking similarities among these conditions. He uses the latest scientific research to support his theory that the problem common to these disorders lies in the central nervous system. He describes the underlying disease process in clear terms for non-medical professionals and offers hope for treatment. "For years," Dr. Duclos says, "patients have been told that their symptoms are all psychological. Now we know better."

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